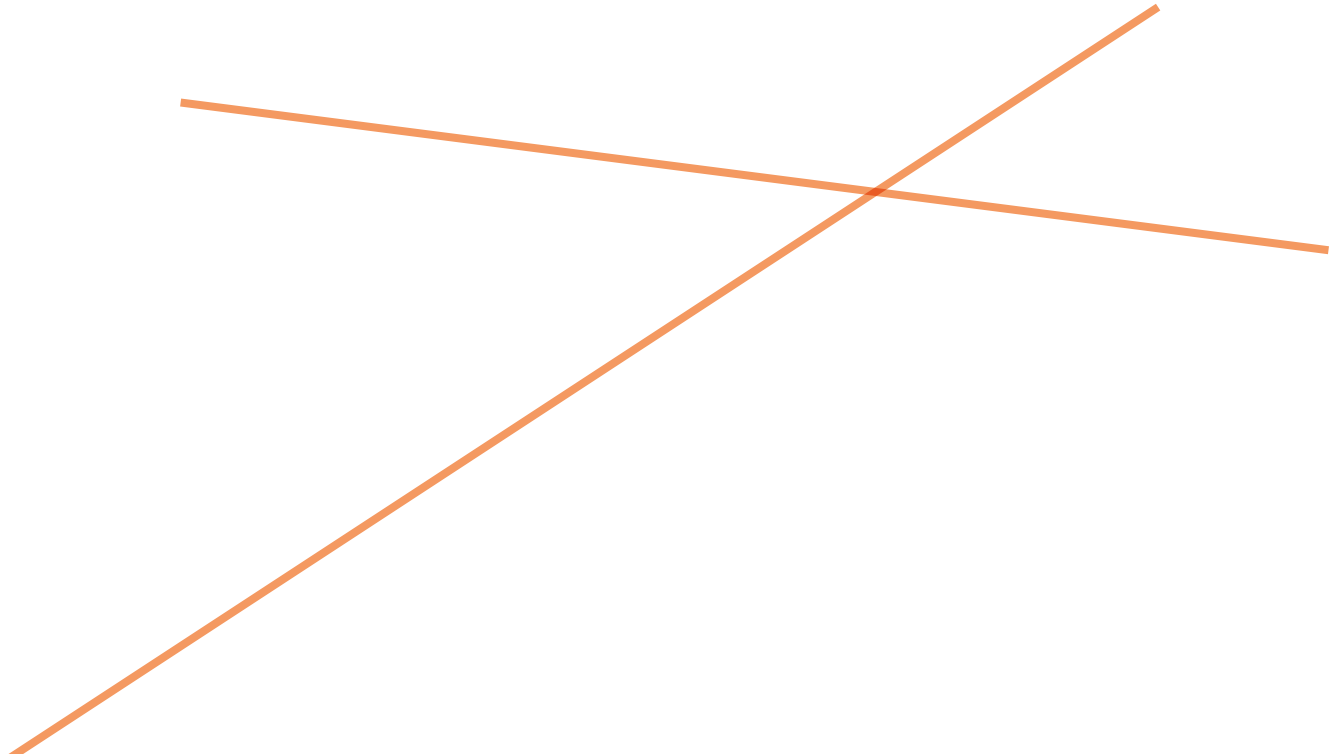


On Edge

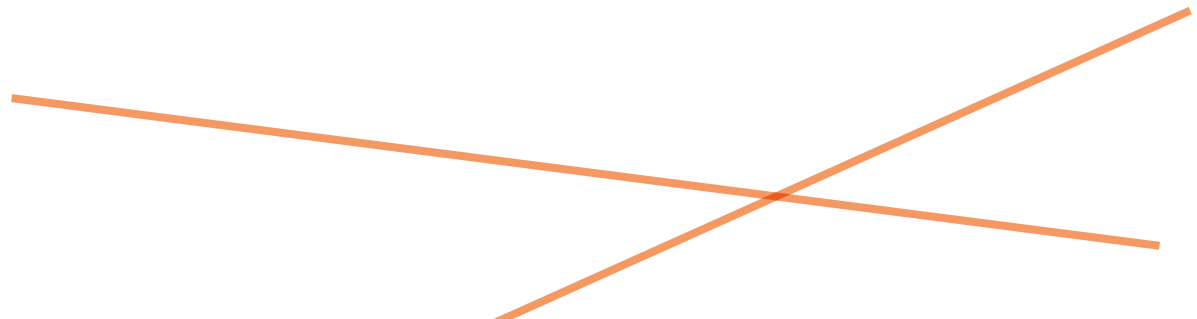
Lesson 3

Exploring stereotypes

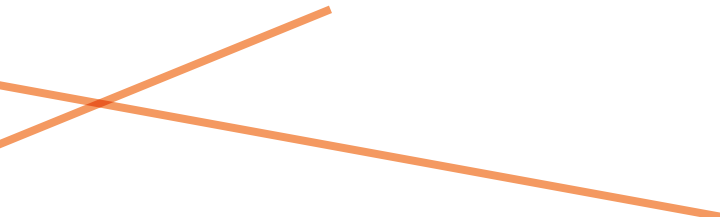


Outcomes from Lesson 3

- I understand the meaning of the term 'stereotype'
- I can identify who's at risk from self-harm
- I recognise that everyone differs in their ability to cope with different situations
- I understand that we all use different coping mechanisms to deal with difficult feelings or situations



Keep Safe

- The topic of self-harm can be a very sensitive issue for some people
 - Pupils are expected to be supportive and respectful of others
 - If you feel concerned or worried, talk to a member of staff
 - Information will be available after each lesson if you want to talk to someone in private
- 
- Two orange lines are drawn in the bottom left corner of the slide, crossing each other. One line starts from the left edge and goes up and to the right. The other line starts from the left edge and goes down and to the right.

Policeman



Goth



Pensioner



Business woman



School pupil



Punk



Homeless person



Footballer



Rich person





DAME KELLY HOLMES

The life of Dame Kelly Holmes has been a remarkable one. That iconic photo of the moment she crossed the line at the Athens 2004 Games, and became double Olympic champion, will be familiar to so many.

What is perhaps not so well known is just what it took to get there.

[We Are Different](#)[Dame Kelly Holmes](#)[Our History](#)[How We Spend](#)[Annual Reviews](#)[Business Plan](#)[Charity Trustees](#)

Hard Times

As the only mixed race child growing up in her village in the early 1970s, things were tough for Kelly as a child. She was brought up by her white mother after her biological father left when she was just a year old. Kelly's mum struggled to cope, being on her own and only a teenager herself, and Kelly found herself in and out of care homes. It wasn't until her mum met her step dad that things gradually became more settled. It was a loving home, but the family always struggled for money. Very early on, Kelly learned to work hard for everything she had. It was her PE teacher at school who saw her potential, and told her she was good at running.

Career Change


Although her athletics career looked promising, at the age of 17 Kelly decided to put her running on hold in order to join the British Army. She was later recognised for her services to the Military when she received her MBE after almost ten years' service. But watching the Barcelona Olympic Games from her



Stereotype definition

“Thinking all people who belong to a certain group are the same and labelling them. Stereotypes are often based on old fashioned ideas or are deliberately untrue and designed to hurt people.”

Equality and Human Rights Commission

Two decorative orange lines are present in the bottom left corner of the slide. One line is a thick, solid orange line that starts from the left edge and extends diagonally upwards towards the right. The other line is a thinner, solid orange line that starts from the left edge and extends diagonally downwards towards the right, crossing the thicker line.